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Vestibular Rehabilitation

There are five systems which contribute to maintaining body balance and stability. Any one condition affecting one of these systems could dramatically affect a person's daily life by increasing instability and the risk of falling.

These five systems are:

- **Visual System (the "cheater")**
- **Hearing System**
- **Peripheral Nervous System**
- **Central Nervous System**
- **Musculoskeletal System**

The Vestibular System plays a crucial role in maintaining balance and spatial orientation as it is responsible for detecting changes in our head position and movement. Also, vestibular disorders such as Meniere's disease and Positional Vertigo can disrupt the normal functioning of the interconnected systems leading to various balance problems. However, the situation is that these patients have very few options to actively fight back as treatment options are limited and they often resist physical activity because of the fear of falling.

A vital part of the treatment of these disorders is Vestibular Rehabilitation Therapy. Life Chiropractic provides this therapy using ProBalance360 technology.

The ProBalance 360 is a Vestibular Rehabilitation device. The ProBalance360 is an innovative and intuitive approach to improve balance, stability and proprioception.

FDA cleared Vestibular Neuropathy Therapy retrains the neuropathways with the use of impact technology to stimulate mechanoreceptors and proprioceptors in the skin and the muscles thereby rehabilitating delinquent neuropathways/creating brand new neuropathways with stronger neural drives.

This therapy has helped many patients achieve improvement in their balance, stability, coordination abilities and improved management of chronic balance and vestibular-related symptoms.

You never know for sure until you get checked so why not get checked and know for sure?

